

JOEY MILLER, MSW, LCSW

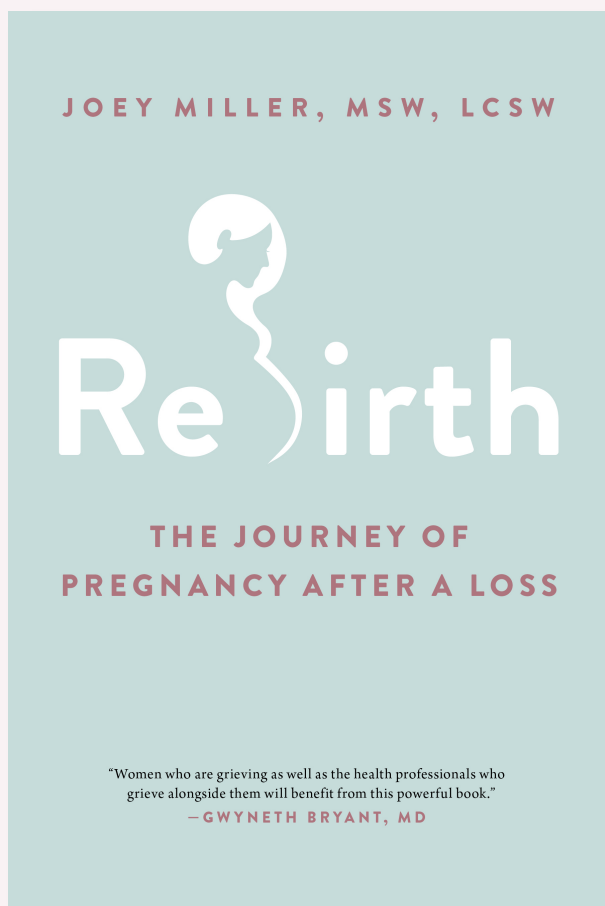
REBIRTH

THE JOURNEY OF PREGNANCY AFTER A LOSS

This book is not only for women who have experienced a pregnancy loss; physicians and nurses who care for these women will benefit as well from reading it. For those of you so unfortunate to need it, my hope for you is that reading this book will bring some measure of comfort, strength, and the emotional support and guidance you need to pursue and then complete another pregnancy.

Alan Peaceman, MD

Professor and Chief, Division of Maternal Fetal Medicine, Department of Obstetrics & Gynecology,
Northwestern Feinberg School of Medicine, Chicago, IL



A compassionate and comprehensive guide to healing and conception after pregnancy and infant loss.

Of the millions of pregnancies conceived annually in the U.S. alone, one-third result in a loss, and of those born, 22,000 infants die within their first year. These numbers are staggering, and underscore the pervasiveness of this type of loss. This tragedy can extend beyond profound grief, creating extensive physical, emotional, and psychological hurdles for women when they consider another pregnancy—something the majority of bereaved women will pursue. Yet, there are very few guides to navigating such a complex journey.

In ***Rebirth***, therapist and social worker Joey Miller counsels women and their families through the unimaginable pain of pregnancy and infant loss, and the journey to pregnancy afterward. She shares her knowledge, wisdom, and compassion to help women and their partners tackle the most difficult issues, including how to:

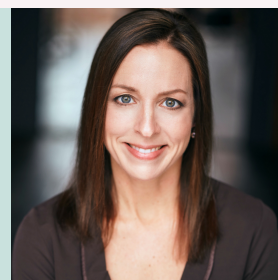
- Handle the emotional fallout and find support
- Talk to your physician, your family, and others
- Know when you're ready to try again
- Understand essential physical assessments and considerations
- Manage the unique challenges of each trimester

With concrete help for coping with the immediate aftermath of tragedy to managing lingering grief while trying to conceive, ***Rebirth*** addresses the inconceivable with empathy, personal accounts, practical guidance, and an encouraging message of healing and hope.



On Sale: October 2020
ISBN-13: 9780306842235

Ms. Joey Miller, MSW, is a licensed clinical social worker with 20 years of experience in women's reproductive health and medicine, loss and trauma, and women's mental health issues. She received her training and degrees from Northwestern University and Loyola University Chicago. She gained unparalleled experience in the areas of pregnancy and infant loss while serving as the Perinatal Loss Program Coordinator at Northwestern Memorial Hospital in Chicago. Her work in this area is now a primary focus of her clinical practice at Wellsprings Health Associates where she sees patients for urgent consultation and ongoing individual and couples therapy. She has also served as a faculty member at Northwestern Feinberg School of Medicine.



www.joeymillersw.com